

# CP7-B – Hwy 40 Turn

## Staff:

- 2 Volunteers

## On Site Times:

- Must be on route by 5:30pm Saturday
- Set-up must be completed by 5:45pm Saturday
- On site until 10:00am Sunday

## Approximate Distances:

- From your location to the Finish: 2.8km

## General Instructions

Your primary responsibility is to ensure the safety of the competitors. We do this by monitoring their progress through the course. We must be diligent in our duties and respond to situations quickly and calmly. In the event of an emergency, remain calm, assess the situation, and contact a Race Director or HQ (see Event Protocol). We will never ask you to put yourself into a compromising situation in order to help others. We want you to take care of yourself out there as well so ask for help if you need it.

SAFETY COMES FIRST. Assisting a racer in need will not necessarily disqualify them. It doesn't even matter – racers do not have the right to make unsafe choices or proceed when they are not fit to do so. Notify HQ immediately if you have any concerns.

## Volunteer Duties:

Radio HQ on your primary radio when the first runner passes. Radio the finish line with your dedicated radio each time a solo runner passes.

**Ensure that runners continue east (straight through) on the road and that they do not turn into the RV parking area!**

## Communications

- Radios are for communicating race progress and safety related issues
- Try to keep the social talk off the radios as we all use the same channel and this ties up our communication line
- Do not hold the radio too close to your mouth
- Be polite and do not cut other people off while they're talking
- The radios cost \$800 each - keep them dry and don't leave them sitting around

**Event Protocol:**

You will have a radio to report when the first and last runners clear the area. You will also report any emergencies, general concerns or racers that drop out. If a racer drops out at your location, it is critical that you contact HQ right away.

Issue	1st Contact	2nd Contact
Course problem	Andrew	Brian
Emergency (non-medical)	Andrew	Brian
Racer / public complaint	Brian	Andrew
Racer withdraws	HQ	Brian
Volunteer directions/directives	HQ	Brian
Supplies needed at TA/CP	Logistics 1	Logistics 2
Immediate medical emergency	Medic 1	Medic 2
Media / PR	Erin	Brian

**Food and Equipment:**

Food:	Qty:	Equipment:	Qty:	Signs:	Qty:
		Hand Held Radio	2		
		Traffic vest	2		

**Driving Directions:**

- Leave HQ (Sports Complex) and walk west to the first laneway on your right (before the apartment building – where the RVs are located)
- Turn right (north) and follow until you reach 24 Ave
- Station yourself slightly west of the laneway





